



# WOMEN'S BOOSTER

## BRAIN BOOSTER

- Lion's Mane (mycelium): supports survival and development of neurons
- Cordyceps (mycelium): strengthens the brain structurally and functionally during aging
- Bacopa Monnieri (thyme-leaved gratiola): counteracts the natural cognitive process of aging
- Phosphatidyl Serine (component of biological membrane): protects brain cells and is responsible for the communication between brain cells
- Acetyl-L-Carnitine (acetylated form of L-Carnitine): increases the production of the neurotransmitter acetylcholine for the transfer of impulse and information in the brain
- Ginkgo Biloba (Chinese tree species): improves the blood circulation in the brain
- Creatine (produced in the body): supplies the brain with energy
- Rhodiola Rosea (roseroot): counteracts stress-related mental exhaustion
- C60 Lipo Fullerenes (molecule of 60 carbon atoms): supports the growth of nerve tissue and prevents loss of memory
- L-Theanine (an amino acid from leaves of tea plants): increases the production of neurotransmitters in the brain
- L-Tyrosine (amino acid of proteins): supports the mental performance
- N-Acetyl L-Tyrosine (amino acid of proteins): improves cognitive performance
- A-5 Cerluten Peptide (complex of natural peptide fractions): prevents mental illnesses

## STRESS BOOSTER

- 5-HTP (body's own amino acid): helps to produce happiness hormones (Serotonin) in the brain
- GABA (gamma amino butyric acid): has a relaxing and calming effect
- Vitamin B6 (contained in food): strengthens the nerves
- Passionflower (Passiflora): increases the concentration of GABA and lowers the transfer of stress signals
- Cordyceps (mycelium): has a relaxing effect
- Red Reishi (mycelium): supports stress relief and lifts the mood
- CBD (Cannabidiol as an essential component of medical marijuana): has an relaxing effect and dissolves anxiety disorders
- C60 Lipo Fullerenes (molecule of 60 carbon atoms): protects against oxidative stress

## IMMUNE BOOSTER

- Host Defense (mycelium): comprehensive immune support
- Echinacea (purple coneflower): for prevention and relief of colds
- Elderberry (plant rich on vitamins): strengthens the immune system for fighting germs
- Colloidal Silver (silver water): non-medical alternative to antibiotics against bacteria, a virus, and fungal infections
- TerraFlora (probiotics): support the gastrointestinal health
- Kombucha (fermented tea drink): sanitifies and cleans the gut
- Kefir (fermented milk drink): supports the gut flora
- Astragalus (boxthorn or milk-vetch): balances immune reactions
- Ginger (spices made from ginger root): has an antibacterial effect
- Ginseng (root of plants in the genus Panax): strengthens the immune system
- Vitamin D (sun vitamin): activates the killer cells of the immune defense for fighting germs
- Myrrh oil (natural gum extracted from a thorny tree species): heals inflammations
- Oregano oil (plant in the mint family): non-medical alternative to antibiotics against bacteria, and fungal infections
- Brown's Gas (mixture of hydrogen and oxygen gases): prevents several illnesses



## ANTI-AGING BOOSTER

- Nicotinamide mononucleotide (NNM): prevents age-related illnesses
- Resveratrol (part of a group of compounds called polyphenols): protects the body against damage that can raise the risk for illnesses
- L-Carnosine (dipeptide molecule): effects a regeneration of cells in the process of aging
- Creatine (produced in the body): counteracts process of aging as a muscle booster
- Astragalus (boxthorn or milk-vetch): fights the aging process of cells and has an effect against oxidative stress
- Curcumin (bioactive substance in turmeric) slows down the aging of skin as a natural antioxidant
- Ubiquinol (bioactive form of the coenzyme Q10): releases energy from food and transports it to the body cells
- R-Alpha Lipoic Acid (sulfurous fatty acid as coenzyme in mitochondrion): rejuvenates skin appearance due to its effect against free radicals
- Glutathione (tripeptide molecule): slows down the process of aging
- Riordan Stem-Kine (stem cells formula): stimulates the natural repair process of the body
- C60 CBD Oil (Oil mixture): stimulates the cell renewal
- Red Reishi (mycelium): staves aging by preventing illnesses
- Deuterium depleted water (DDW): lowers the Deuterium content of the water in the body

## WAHINE BOOSTER

- Biotin (vitamin of the B-complex): strengthens the hair
- Bone Nutrient (compound): supports healthy bone density levels
- Collagene (structure protein of the connective tissue): for a healthy skin appearance
- DHEA (sex hormone): counteracts age-related vitality disorders
- DIM (compound derived from the digestion of indole-3-carbinol): balances estrogen in a natural way
- Elemental Iron (trace element): for prevention of anemia
- Fenugreek (Mediterranean herb that is similar to clove): optimizes the hormonal system in respect of the rate of estrogen to testosterone
- Folic Acid (vitamin B9): important for haematosis, cell division and growth processes
- Garcinia Cambogia (Southeast Asian fruit): supports a diet
- Ginger (spices made from a ginger root): boosts the metabolism
- Ceratine (produced in the body): strengthens the hair
- Lugol's Iodine (Iodine potassium iodide remedy): supports the function of the thyroid
- Maca (South American plant with high iron content): reduces discomfort during menopause
- Omega Oil (from algae, plants, or fish): supports the production of tissue hormones
- Pycnogenol (pine bark extract): has a strong antioxidative and anti-inflammatory effect
- Phytoestrogen (bioactive substances): a non-medical alternative to hormone replacement therapy with illnesses
- Red Clover (natural remedy): against problems during menstruation and menopause
- Silica (mineral nutrient): for healthy bones, nails, teeth, and connective tissue
- Tribulus (puncture vine): non-medical alternative to hormone replacement therapy during menopause

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